

NAME _____ MAJOR _____

ENGLISH (6 s.h.)

_____ English 1000 (W)
 _____ English 1100 (W) or _____ 1510(W)

MATHEMATICS (4 s.h.)

_____ Math 1010 (W,ND, C) _____ Math 1030 (ND, C)
 _____ Math 1020 (ND) _____ Math 1110 (ND)
 _____ Math 1025 (ND) _____ Math 1120 (ND)

_____ Passed _____ Completed MAT 0010

NATURAL SCIENCES (8 s.h. of a sequence)

_____ Astronomy 1001 (ND) _____ 1002 (ND)
 _____ Biology 1101(ND) _____ 1102(ND)
 _____ Chemistry 1101 (ND),1110 _____ 1102 (ND),1120
 _____ Geology 1080 (ND, CD) _____ 1090 (ND, CD) or
 _____ Geology 1101 (ND) _____ 1102 (ND, CD) or
 _____ Geology 1101 (ND) _____ 1103 (ND) or
 _____ Geology 1510 (W, ND) _____ 1511 (W, ND)
 _____ Physics 1101 (ND) _____ 1102 (ND) or
 _____ Physics 1103 (ND) _____ 1104 (ND) or
 _____ Physics 1150 (ND) _____ 1151 (ND)

PHYSICAL ACTIVITY/WELLNESS (2 s.h.)

_____ DAN 1400 (2) _____ 1410 (2) _____ 1420 (2) _____ 2400 (2)
 _____ DAN 2410 (2) _____ 2420 (2) _____ 3480 (2)
 _____ FCS 2202 (3)
 _____ HP 1105 (2)
 _____ MSL 1101(1) _____ 1102 (1)
 _____ PE Activities 1000-1050 (1), _____ 1057 (1), _____ 1071-1082(1)
 PE majors only: PE 3008(2)

For Music Therapy Majors Only: Completion of BIO 1101 (ND) (4 hrs) and ES 2000 (5 hrs) will fulfill the core curriculum science requirement

General Science Sequence:

_____ G.S. Physics 1010 (ND) or _____ G.S. Astronomy 1010 (ND) and _____ G.S. Chemistry 1020 (ND) followed by:
 _____ G.S. Geology 1030 (ND) and _____ G.S. Biology 1040 (ND)

SOCIAL SCIENCES (History - 6 s.h.)

_____ History 1101 (MC) & _____ History 1102 (MC) or _____ History 1510 (W, MC) & _____ History 1515 (W, MC)

OTHER SOCIAL SCIENCES (6 s.h.)

Choose TWO courses from different areas. (*Approved on a semester by semester basis)

_____ Anthropology 1215 (MC), 1220, 2335 (MC), 2420 (MC)
 _____ Appalachian Studies 2411 (W, MC, CD)
 _____ Economics 1010, 2030
 _____ Family and Consumer Sciences 2103 (C) (FCS 2103 or SOC 1110 to fulfill requirements, but not both)
 _____ General Honors 1515* (CD, W*, S*, MC*, ND*, C*), 2515* (CD, W*, S*, MC*, ND*, C*), 2520* (CD, W*, S*, MC*, ND*, C*),
 3515* (CD, W*, S*, MC*, ND*, C*)
 _____ Geography 1010 or 1510, 1020 (MC) or 1515(MC), 1040 (MC); Planning 2410 (CD) or 2510
 _____ Interdisciplinary Studies 1101*,1103*; 1102*, 1104*; 2201*-2206* (W*, S*, MC*, CD*)
 Note: Priority enrollment given to **Watauga Residential College** students
 _____ Interdisciplinary Studies 2411 (W, MC, CD), 2421 (MC, CD)
 _____ Political Science 1000 (MC), 1100, 1200, 1201 (S), 2120 (MC), 2130, 2240 (MC)
 _____ Psychology 1200
 _____ Sociology 1000, 1100, 1110, 2700, 2850 (W) (May take FCS 2103 or SOC 1110, but not both)
 _____ Technology 2029 (W, MC, CD)

HUMANITIES (12 s.h.)

Choose FOUR courses from at least three areas. One course must be a LITERATURE course and one course must be from the fine arts (ART, DANCE, MUSIC or THEATRE). Courses underlined are approved for literature. (*Approved on a semester by semester basis)

_____ Appalachian Studies 2016, 2410 (W, MC, CD)
 _____ Art 2011, 2012 (MC, CD), 2013 (W, MC, CD), 2030 (MC), 2130 (W, MC), 3330
 _____ Chinese 1040 (MC), 1050 (MC)
 _____ Dance 2014 (MC), 3430 (W, MC)
 _____ English 2010 (W), 2020 (W), 2030 (W, MC), 2040 (W, MC), 2100 (W), 2120 (W, MC), 2130 (W, MC), 2310 (W), 2320 (W),
2510 (W), 2515 (W)
 _____ English 2170 (W) (counts as a separate area; does not fulfill literature)
 _____ Foreign Language 2010 (MC)
 + _____ French 1040 (MC), 1050 (MC), 1060 (MC), 3030 (W,MC), 3040 (W,MC)
 _____ General Honors 1515 * (CD, W*, S*, MC*, ND*, C*), 2515* (CD, W*, S*, MC*, ND*, C*), 2520* (CD, W*, S*, MC*, ND*, C*),
 3515* (CD, W*, S*, MC*, ND*, C*)
 + _____ German 1040 (MC), 1050 (MC), 1060 (MC), 3015 (W, MC), 3025 (W, MC), 3050 (MC), 3055 (W, MC), 3550 (W, MC)
 _____ Interdisciplinary Studies 1101*, 1103*; 1102*, 1104*; 2201*-2206* (W*, S*, MC*, CD*)
 Note: Priority enrollment given to **Watauga Residential College** students
 _____ Interdisciplinary Studies 2410 (W, MC, CD), 2420 (MC, CD)
 + _____ Japanese 1040 (MC), 1050 (MC)
 + _____ Latin 1040 (MC), 1050 (MC), 3010 (MC), 3020 (MC)
 _____ Music 2011 (MC), 2012 (MC, CD), 2013 (W, MC, CD), 2014, 2015, 2016, 2017, 2018 (MC), 2020
 Music majors only: 1611 (W, MC), 2611 (MC, CD), 2612 (W, MC, CD), 3611 (W, MC, CD)
 _____ Philosophy 1000 (W), 1040 (W), 1100, 2000 (W), 2012 (MC, CD), 2013 (W, MC, CD), 2015 (W, MC, CD),
 2200 (W, CD), 3600 (W)
 _____ Religion 1020 (MC), 2010 (W, MC), 2012 (MC, CD), 2013 (W, MC, CD), 2020 (W, MC), 2025 (W, MC), 2026 (W, MC),
 2030 (MC), 2040 (W, MC)
 _____ Russian 1040 (MC), 1050 (MC)
 + _____ Spanish 1040 (MC), 1050 (MC), 1060 (MC), 3015 (W, MC), 3025 (W, MC), 3050 (W, MC), 3055 (W, MC)
 _____ Theatre 2011, 2012 (MC, CD), 2013 (W, MC, CD), 2015 (MC,CD), 2610 (W, S), 2712 (W, MC), 3640 (S), 3730 (W, MC,CD),
 3735 (W, MC, CD)

+Foreign Language Placement Exam Required before Enrollment

(REVISED PROFESSIONAL EDUCATION REQUIREMENTS)Bachelor of Science
Teaching-403A

Health Education, Sec. Ed. (K-12)

I. Core Curriculum Requirements 44 S.H.II. Professional Education Requirements
A minimum grade of "C" (2.0) is required in the following courses. 24 S.H.

___ CI 2800 Teachers, Schls & Lrns (3)*+** ___ CI/FDN/RE 3850 Literacy, Tech, & Inst. (3)#+**
 ___ FDN 3800 Fdns of Amer Ed (3)(CD)#+** ___ PSY 3000 Ed. Psych. (3)MC&CD+**
 ___ CI 4900 Student Teaching (12)#

Proficiencies:

Reading ___

*English ___

*Speech ___

NTE Exam:

PRAXIS I: PPST

*PPST Reading ___

*PPST Writing ___

*PPST Mathematics ___

PRAXIS II:

Health Education Area ___

Major Designators

2 Writing (W) _ _

1 Speaking (S) _

Communication Proficiency _

Other Designators

4 Writing (W) _ _ _ _
(ENG 1000/1100/ will count as 2
W)

4 Multi Cultural (MC) _ _ _ _

(HIS 1101/1102 will count as 2
MC)

1 Cross Disciplinary (CD) _

2 Numerical Data (ND) _ _

2 Computer (c) _ _

III. Major Requirements (FCS 2202 can be taken in Core Curriculum) 37-40

___ HED 2100 Intro. To HED (3)(W)+ ___ HED/HPC 4710 Teach. Sex Ed. (3)
 ___ HED/HP 3100 Adv First Aid & CPR (3)+ ___ HED 4730 Stress Mgt./E.H. (3)
 ___ HED 3120 Consumer Health (3) ___ BE/CI 4660 Classroom Mgmt. & Assess.(3)
 ___ HED 3450 School Hlth Progs (3)(S)+ ___ FCS 2202 Nutrition & Hlth (3)
 ___ HED 3655 Methods & Mater. (3)(W,S)**#+ ___ FDN 3100 Classroom Use Comp. (2)
 ___ HED 3900 Internship in HED (3) ___ RE 4630 Read in Cnt. Area (2)**+#
 ___ HED 4650 Drug Ed./Prev. (3)(S) ___ HP 2200 Lifestyle Dis. Risk (3)

#Cannot be taken before being admitted to Teacher Education

*Should be taken before junior year (Prerequisite to enter teacher education)

+Must be completed with a grade of "C" (2.0) or better

** Must be taken before student teaching

IV. Second Major Concentration 12 - 15

Total of 18 sh required. Hours required will vary depending on second major selected and courses required in second major taken as part of core curriculum.

Anthropology

Economics

Geography

Mathematics

Physics/Astronomy

Spanish

Biology

English

Geology

Music

Political Science

Theatre Arts

Chemistry

French

History

Philosophy/Religion

Psychology

V. Electives (Dependent on selected second major) 2-5 S.HVI. TOTAL HOURS IN PROGRAM 122 - 128

GOALS AND OBJECTIVES
HEALTH EDUCATION
Bachelor of Science

1. Describe the discipline of health education and its foundation in learning theory and the biological and behavioral sciences.
2. Explain the role and function of the health educator in schools, community agencies, worksites, and hospitals and clinics.
3. Identify important concepts of nutrition, consumer health, family life/sexuality, mental health, chronic and communicable diseases, first aid and safety, and environmental health.
4. Demonstrate a variety of methods and skills in planning, implementing and evaluating health education programs.
5. Identify resources in health education and explain the interaction of schools and agencies in health promotion efforts.